

MEETING:	HEALTH & WELLBEING BOARD
MEETING DATE:	25 MARCH 2015
TITLE OF REPORT:	MENTAL HEALTH NEEDS ASSESSMENT
REPORT BY:	PROGRAMME MANAGER CHILDREN AND MENTAL HEALTH SERVICES, HEREFORDSHIRE CLINICAL COMMISSIONING GROUP (HCCG)

Classification

Open

Key Decision

This is not a key decision.

Wards Affected

County-wide

Purpose

To report on the needs assessment into mental health undertaken by the HCCG between May 2014 and January 2015 for the purpose of understanding the needs of the population and to provide an evidence base for future commissioning. It integrates service mapping; review of published evidence; analysis of population and service data; and engagement of the public and other stakeholders. The report is ready for publication.

Recommendation(s)

THAT:

- (a) The Board note that the development of the report has involved over 450 hours of engagement with the public including service-users, carers, local groups, front line staff and other key stakeholders;**
- (b) The Board note that the Mental Health Needs Assessment is to be utilised in the forthcoming Health and Well-being Strategy and the refresh of the Joint Strategic Needs Assessment; and**
- (c) The Board agree that the HCCG should publish this report (Appendix A).**

Alternative Options

- 1 The decision to produce a needs assessment was considered a priority by Herefordshire CCG in April 2015 to improve the level of information available about mental health in the county. No other alternatives were identified.

Reasons for Recommendations

- 2 The Mental Health Needs Assessment is based on a good level of public engagement and consideration of the available evidence base. Over 100 children and young people; over 300 adults and 75 organisations contributed. Statements captured in the interviews are used in the Chapters to ensure that people's views frame the analysis of the needs assessment such as example in Illustration 1 below. Further workshops with service-users and carers led to the creation of local outcomes that the CCG will use in its future outcomes-based commissioning.

Illustration 1: Sample of statements by the Public

The last 10 years of my time with the Community Mental Health Services was positive. Luckily I saw the same doctor for this period (many do not have this continuity of care) and this is when I really became empowered to take charge of my illness.

Patient/ Service User

- 3 The document represents a comprehensive examination of mental health to inform HCCG commissioning intentions. Since the drafting of the document, it has been acknowledged that the benefits of the assessment are valuable for other partners and partnership activities. For example, the information on children and young people's mental health has informed discussions on the drafting of Children and Young People's Plan and its multi-agency mental health and emotional well-being action plan.

Key Considerations

- 4 The Mental Health Needs Assessment comprises of chapters on:
 - Public Mental Health
 - Common Mental Health conditions
 - Severe and enduring mental health conditions
 - Dementia
 - Children and Young People's Mental Health
 - Suicide Audit
 - Vulnerable Groups (including parental mental health; ADHD)
 - Cross-cutting themes / system chapter
 - Service mapping

Community Impact

- 5 There are a number of areas identified for improvement affecting people with mental

health. These include making access to support easier to navigate; improving provision of information and advice and supporting people with self-management to avoid crisis and deterioration.

- 6 The Board is advised that using the Mental Health Needs assessment in future commissioning will impact on the community in terms of how HCCG will meet the needs of people with mental health and their carers and our communities.

Equality and Human Rights

- 7 It is widely recognised that parity of esteem between mental health and physical health is desirable. The close examination of mental health in Herefordshire reveals areas for consideration by HCCG and other partners.
- 8 Specifically chapters on Herefordshire (chapter 2) children and young people (chapter 8) and vulnerable people (chapter 9) consider priority groups and inequalities.

Financial Implications

- 9 The recommendations in the Mental Health Needs Assessment are largely for HCCG consideration. Other recommendations that might have a multi-agency response and associated financial implications will be considered in the developing Mental Health Strategy and joint commissioning delivery plan.

Legal Implications

- 10 None

Risk Management

- 11 The major identified risk is non-publication of the document will impact on level of co-production in future public engagement and public expectation to receive feedback.
- 12 To mitigate against this, follow-up events were held to demonstrate how the public's views were used in the production of the report; the resulting recommendations and formulation of outcomes. Final publication of the needs assessment will demonstrate continued transparency.

Consultees

- 13 The Needs Assessment was presented to the Health and Wellbeing Sub Group (Integrated Needs Assessment) on 5th March 2015.
- 14 There were many consultees including local self-help groups, secondary schools, care homes, voluntary and community organisations, statutory sector organisations. Online and paper questionnaires, workshops and interviews were all part of the methodology.

Appendixes

Appendix A: Mental Health Needs Assessment

Background Papers

<http://councillors.herefordshire.gov.uk/documents/s50024821/mental%20health%20needs%20assessment%202015.pdf>